NUTRITION INFORMATION LABEL

Sri Lanka Food (Labelling & Advertising) Regulations 2026 — Schedule III §6 / Schedule IV NRVs · EU 1169/2011 reference

Company Information

Manufacturer	Silk Foods Ceylon (Pvt) Ltd
Exporter	E-Silk Route Ventures (Pvt) Ltd
Address	Silk Ag Tech Park, Hapugasyaya, Nalanda, Matale, Sri Lanka
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Document Information

Document No.	SFC/NF/HC-SHAT/2026/01
Product	Hathwariya Shatavari Capsules
Date of Issue	31 May 2025
Revision	2026 V1.1
Revision Date	31 May 2025
Serving Size	0.5 g (1 capsule (~500 mg fill))
Servings per Package	See per-pack label (50 g / 100 g / 250 g / 500 g / 1 kg)
Exemption Status	NOT EXEMPT — mandatory full label

Nutrition Declaration — Per 100 g and Per Serving

Nutrient	Per 100 g / 100 mL	Per Serving	% NRV / serving
Energy	310 kcal	1.55 kcal	0%
Energy	1297 kJ	6.49 kJ	—
Carbohydrate	65 g	0.33 g	0%
of which Total Sugars	3 g	0.01 g	0%
Dietary Fibre	18 g	0.09 g	0%
Protein	10 g	0.05 g	0%
Total Fat	4 g	0.02 g	0%
of which Saturated FA	0.8 g	0 g	0%
Trans-Fatty Acids	0 g	0 g	—
Sodium	30 mg	0.15 mg	0%

Ingredient & Allergen Declaration

Ingredient Declaration	100 % Hathwariya Shatavari Capsules (*Asparagus racemosus Willd.*)
Allergen Declaration	Free from all 14 major allergens declared under EU Regulation 1169/2011 (where capsule shell and excipients are allergen-free). Capsule shell type (HPMC vegetarian / gelatin) declared on label.

Estimation basis: Typical published composition (approximate, per 100 g) — confirm by analysis — Asparagus racemosus root

Authorization

Report Prepared By	Manager Quality Assurance / R&D
Report Approved By	Factory Manager
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