

## NUTRITION INFORMATION LABEL

Sri Lanka Food (Labelling & Advertising) Regulations 2026 — Schedule III §6 / Schedule IV NRVs · EU 1169/2011 reference

### Company Information

<b>Manufacturer</b>	Silk Foods Ceylon (Pvt) Ltd
<b>Exporter</b>	E-Silk Route Ventures (Pvt) Ltd
<b>Address</b>	Silk Ag Tech Park, Hapugasyaya, Nalanda, Matale, Sri Lanka
<b>Contact</b>	+94 743 693 048
<b>Email</b>	info@esilkroute.com.lk
<b>Website</b>	<a href="https://esilkroute.com.lk">https://esilkroute.com.lk</a>

### Document Information

<b>Document No.</b>	SFC/NF/HB-POLP/2026/01
<b>Product</b>	Polpala
<b>Date of Issue</b>	31 March 2025
<b>Revision</b>	2026 V1.1
<b>Revision Date</b>	31 March 2025
<b>Serving Size</b>	2 g (2 g)
<b>Servings per Package</b>	See per-pack label (50 g / 100 g / 250 g / 500 g / 1 kg)
<b>Exemption Status</b>	NOT EXEMPT — mandatory full label

### Nutrition Declaration — Per 100 g and Per Serving

Nutrient	Per 100 g / 100 mL	Per Serving	% NRV / serving
Energy	290 kcal	5.8 kcal	0%
Energy	1213 kJ	24.26 kJ	—
Carbohydrate	55 g	1.1 g	0%
of which Total Sugars	3 g	0.06 g	0%
Dietary Fibre	22 g	0.44 g	2%
Protein	10 g	0.2 g	0%
Total Fat	3 g	0.06 g	0%
of which Saturated FA	0.5 g	0.01 g	0%
Trans-Fatty Acids	0 g	0 g	—
Sodium	30 mg	0.6 mg	0%

## Ingredient & Allergen Declaration

<b>Ingredient Declaration</b>	100 % Polpala ( <i>Aerva lanata</i> (L.) Juss.)
<b>Allergen Declaration</b>	Free from all 14 major allergens declared under EU Regulation 1169/2011. Naturally gluten-free, dairy-free, nut-free. Packed in a facility that also handles tree nuts, sesame and mustard — cross-contact possible.

Estimation basis: Typical published composition (approximate, per 100 g) — confirm by analysis — *Aerva lanata* whole

## Authorization

<b>Report Prepared By</b>	Manager Quality Assurance / R&D
<b>Report Approved By</b>	Factory Manager
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